



| Experiences | | | | | |
|---------------------------------|--|--|--|--|--|
| Watching passing traffic | | | | | |
| Car/van ride | | | | | |
| Park | | | | | |
| Streets | | | | | |
| Bicycles, motorbikes, buses | | | | | |
| Trains | | | | | |
| Countryside | | | | | |
| Towns | | | | | |
| Crowds | | | | | |
| Tasting a variety of foods | | | | | |
| Playing with people | | | | | |
| With: a ball | | | | | |
| a tug toy | | | | | |
| a squeaky toy | | | | | |
| Preparation for vets/groomer | | | | | |
| Being lifted onto the table | | | | | |
| Gentle restraint on a table | | | | | |
| Veterinary examination | | | | | |
| Veterinary product smells | | | | | |
| Flea spray | | | | | |
| Hair dryer | | | | | |
| Learning to be left alone | | | | | |
| Alone for short periods of time | | | | | |

Please tick a box for each encounter your puppy has. Tick as many boxes as possible in a week, without overwhelming your puppy. Review how much progress has been achieved at the end of the week.

| Gentle Handling | | | | | |
|---------------------------------|--|--|--|--|--|
| Head | | | | | |
| Ears | | | | | |
| Mouth | | | | | |
| Neck area | | | | | |
| Tail | | | | | |
| Paws & legs | | | | | |
| 1 minute groom with soft brush | | | | | |
| Collar | | | | | |
| Lead/gentle leader | | | | | |
| Gentle restraint until accepted | | | | | |
| Car harness | | | | | |
| Reward-based training | | | | | |
| Objects to play with (+ toys) | | | | | |
| Cardboard Box | | | | | |
| Bucket | | | | | |
| Treat ball | | | | | |
| Large stuffed toy | | | | | |
| Empty plastic bottle | | | | | |

| Smells | | | | | |
|--|--|--|--|--|--|
| Kitchen/household | | | | | |
| Cats | | | | | |
| Baby | | | | | |
| Other dogs | | | | | |
| Veterinary surgery | | | | | |
| Boarding kennels | | | | | |
| Person | | | | | |
| Horses | | | | | |
| Livestock | | | | | |
| Rabbits | | | | | |
| Sounds | | | | | |
| Sounds CD played | | | | | |
| Objects to chew - dogs should always be supervised | | | | | |
| Soft Toys | | | | | |
| Vegetables (i.e. carrot) | | | | | |
| Strong toys (Kong) | | | | | |
| Hard biscuit | | | | | |
| Surfaces to walk on | | | | | |
| Clean grass | | | | | |
| Lino/tiles/laminate | | | | | |
| Steps/stairs | | | | | |
| Carpet | | | | | |
| Gravel/stones/pebbles | | | | | |

| Other Animals | | | | | |
|-----------------------------|--|--|--|--|--|
| Friendly adult dogs | | | | | |
| Cats | | | | | |
| Rabbits/small pets | | | | | |
| Horses | | | | | |
| Goats/sheep | | | | | |
| Fish in tanks | | | | | |
| Chickens | | | | | |
| Meetings with people | | | | | |
| Young adults | | | | | |
| Middle aged adults | | | | | |
| Elderly people | | | | | |
| Disabled/wheelchair bound | | | | | |
| Loud, confident people | | | | | |
| Shy, timid people | | | | | |
| People wearing hats | | | | | |
| People wearing glasses | | | | | |
| Men with beards/facial hair | | | | | |
| People in normal clothing | | | | | |
| Postmen/women | | | | | |
| People wearing dark clothes | | | | | |
| People wearing masks | | | | | |
| People wearing cycle helmet | | | | | |
| Meetings with children | | | | | |
| Babies (0-2 years) | | | | | |
| Toddlers (2-6 years) | | | | | |
| School aged (6-13 years) | | | | | |
| Teenagers (13-17 years) | | | | | |