

Experiences					
Watching passing traffic					
Car/van ride					
Park					
Streets					
Bicycles, motorbikes, buses					
Trains					
Countryside					
Towns					
Crowds					
Tasting a variety of foods					
Playing with people					
With: a ball					
a tug toy					
a squeaky toy					
Preparation for vets/groomer					
Being lifted onto the table					
Gentle restraint on a table					
Veterinary examination					
Veterinary product smells					
Flea spray					
Hair dryer					
Learning to be left alone					
Alone for short periods of time					

Please tick a box for each encounter your puppy has. Tick as many boxes as possible in a week, without overwhelming your puppy. Review how much progress has been achieved at the end of the week.

Gentle Handling					
Head					
Ears					
Mouth					
Neck area					
Tail					
Paws & legs					
1 minute groom with soft brush					
Collar					
Lead/gentle leader					
Gentle restraint until accepted					
Car harness					
Reward-based training					

Objects to play with (+ toys)					
Cardboard Box					
Bucket					
Treat ball					
Large stuffed toy					
Empty plastic bottle					

Smells					
Kitchen/household					
Cats					
Baby					
Other dogs					
Veterinary surgery					
Boarding kennels					
Person					
Horses					
Livestock					
Rabbits					
Sounds					
Sounds CD played					
Objects to chew - dogs should always be supervised					
Soft Toys					
Vegetables (i.e. carrot)					
Strong toys (Kong)					
Smoked bones					
Hard biscuit					
Surfaces to walk on					
Clean grass					
Lino/tiles/laminate					
Steps/stairs					
Carpet					
Gravel/stones/pebbles					

Other Animals					
Friendly adult dogs					
Cats					
Rabbits/small pets					
Horses					
Goats/sheep					
Fish in tanks					
Chickens					
Meetings with people					
Young adults					
Middle aged adults					
Elderly people					
Disabled/wheelchair bound					
Loud, confident people					
Shy, timid people					
People wearing hats					
People wearing glasses					
Men with beards/facial hair					
People in normal clothing					
Postmen/women					
People wearing dark clothes					
People wearing masks					
People wearing cycle helmet					
Meetings with children					
Babies (0-2 years)					
Toddlers (2-6 years)					
School aged (6-13 years)					
Teenagers (13-17 years)					